

# Effects of Dietary Supplementation of Humic Substances on External and Internal Egg Quality of Oravka Hens

Cyril Hrnčár<sup>1</sup>, Emília Hanusová<sup>2</sup>, Anton Hanus<sup>2</sup>, Lukáš Zita<sup>3</sup>,  
Nikoleta Šimonová<sup>4</sup>, Terézia Hegerová<sup>1</sup>, Jozef Bujko<sup>5</sup>

<sup>1</sup>*Institute of Animal Husbandry, Faculty of Agrobiological and Food Resources,  
Slovak University of Agriculture in Nitra, Tr. A. Hlinku 2, 949 76 Nitra, Slovak Republic*

<sup>2</sup>*Department of Small Farm Animals, National Agricultural and Food Centre - Research Institute for Animal  
Production Nitra, Hlohovecká 2, 951 41 Lužianky, Slovak Republic*

<sup>3</sup>*Department of Animal Science, Faculty of Agrobiological, Food and Natural Resources, Czech University of Life  
Sciences Prague, Kamýcká 129, 165 00 Praha – Suchbátka, Czech Republic*

<sup>4</sup>*Institute of Applied Biology, Faculty of Biotechnology and Food Sciences, Slovak University of Agriculture  
in Nitra, Tr. A. Hlinku 2, 949 76 Nitra, Slovak Republic*

<sup>5</sup>*Institute of Nutrition and Genomics, Faculty of Agrobiological and Food Resources, Slovak University of Agriculture  
in Nitra, Tr. A. Hlinku 2, 949 76 Nitra, Slovak Republic*

---

## Abstract

The aim of this study was to appraise the effect of humic substances (HS) in different concentrations on external and internal egg quality of laying hens. In total, 20 Oravka hens were allocated to 4 treatments, each containing 5 birds. The control birds were fed a diet without additives (0.00% HS), other treatment birds were fed with diets containing HS at 0.50%, 0.75 and 1.00%. The birds in all groups had available drinking water and feed mixtures ad libitum. The experimental period lasted 16 weeks. Also, 20 egg samples from each group were randomly every 2 weeks to assess egg quality parameters. Adding HS in different concentrations significantly increased ( $P < 0.05$ ) egg weight, albumen index, Haugh unit and yolk index and decreased yolk percentage ( $P < 0.05$ ), compared with control. There were no differences ( $P > 0.05$ ) in egg shape index, egg volume, eggshell weight, eggshell percentage, eggshell strength, eggshell thickness, albumen weight, albumen percentage, yolk weight and yolk colour among treatments.

**Key words:** egg, external quality, humic substances, internal quality, laying hen.

---

## 1. Introduction

During the past several years, probiotics, prebiotics, organic acids, phytogenics, zeolites, humates, and enzymes have all been used as feed additives for farm animals as alternatives to antibiotics due to their beneficial effect on health and growth performance combined with their lack of harmful effects on the consumer's health [1-3]. Humic substances (HS) are the final and stable biotransformation products resulting from decomposition of organic matter [4].

The active components of HS consist of humic acid, humus, ulmic acid, fulvic acid, humin and some microelements. HS are successfully used in poultry nutrition in different forms and concentrations [5,6].

Humic substances commonly present in nature as they are created from the organic matter decomposition, and are normally found in the soil and natural water. Active components of HS consist of humic acid (HA), humus, ulmic acid, fulvic acid, humin and certain microelements. Humic acid is widely used as an alternative growth promoter for antibiotics in improving poultry performance and health. Moreover, supplementation of a commercial substance as a

---

\* Corresponding author: Cyril Hrnčár, + 421 37 641 4744, [cyril.hrnacar@uniag.sk](mailto:cyril.hrnacar@uniag.sk)

source of HS through the drinking water or diet improved the feed consumption, feed efficiency and weight gain of broiler chickens, and also improved egg weight, egg mass, and egg production of laying hens [7].

Our study was focused on the effect of supplementation of different concentrations of HS on the external and internal quality of Oravka chicken eggs.

## 2. Materials and methods

### 2.1 Animal management and treatments

A total of 20 hens of the Oravka breed were allocated to its own covered shelters with straw litter and with access to a grass paddock; feeders and drinkers were available both outdoors and indoors.

The environmental temperature varied from 15 to 25 °C and the relative humidity from 65 to 75%. Artificial lighting was carried out in a pattern of 18 hours of light alternating with 6 hours of darkness. The ventilation in the house was natural with additional fans in order to ensure a minimum air exchange per hour.

The Oravka hens were divided to 4 groups (n=5): control birds were fed a diet without additives (0.00% HS), other treatment birds were fed with diets containing HS at 0.50, 0.75 and 1.00% in a powder form during laying period.

The Oravka hens were fed commercial feed mixture (Tekro Ltd., Nitra, Slovak Republic). Nutritional value of diet is shown in Table 1. The hens in all treatments had available drinking water and feed mixtures ad libitum.

The poultry in the experimental treatments received HS (Humac Ltd., Košice, Slovak Republic) with an 85% dry matter content; there was a minimum of 62% humic acid in the dry matter, a minimum of 48% free humic acids in the dry matter, a minimum of 9% fulvonic acids in the dry matter and a minimum of 9% minerals in the dry matter.

### 2.2 Egg quality parameters and analytical procedures

Chicken eggs were from Oravka breed in peak of laying period in sample size of 30 eggs from each treatment. The collected eggs were kept under room temperature, and egg quality was determined within 24 hours of collection.

The individual egg weight was measured using a laboratory scale Owa Labor (VEB Wägetechnik Rapido, Germany). The egg length and width

were measured using digital calliper (Insize Ltd., China) with an accuracy of 0.01 mm.

Based on the measurements of egg length (L) and width (W) were calculated: egg shape index (SI) was calculated from the formula  $SI = (W/L)*100$  [8] and volume of eggs (V) =  $(\pi/6)*L*W^2$  [9].

After the eggs were broken, were cleaned to remove any albumen fragments and then naturally dried for 48 hours. Following this procedure, eggshell weight (with membrane) was measured using a laboratory scale Owa Labor (VEB Wägetechnik Rapido, Germany) and the percentage proportion of the eggshell in the egg was determined. Each calcified eggshell was roughly marked in 3 parts with equal length along the longitudinal axe, which is blunt end, equator zone and sharp end. The thickness of each eggshell piece was measured with a digital micrometre. The eggshell strength was determined manually using an Egg Crusher device (VEIT Electronics, Czech Republic).

The albumen weight was calculated as the difference among the egg weight and the yolk and eggshell weights. Albumen index (%) was determined by Alkan et al. (2010) [10] as the ratio of the thick albumen height (mm) to the average of width (mm) and length (mm) of this albumen measurement taken with a micrometre with 0.01mm accuracy. Haugh unit was calculated according to the procedure of Haugh as  $\log(\text{height albumen} - 1.70 \times \text{egg weight}^{0.37} + 7.60)*100$  (1937) [11].

Yolk weight with 0.01 g accuracy was determined using a laboratory scale a laboratory scale Owa Labor (VEB Wägetechnik Rapido, Germany) and its percentage proportion was calculated. Yolk index (%) was measured as ratio of the yolk height (mm) to the yolk width (mm) by Funk (1948) [12] using micrometre with 0.01mm accuracy. Yolk colour was determined with La Roche scale (Hoffman–La Roche, Switzerland).

The proportion of eggshell, yolk and albumen relative to egg weight was expressed as eggshell or albumen or yolk weight/egg weight\*100 [13].

### 2.3 Statistical analysis

The differences among the treatments were analysed with a one-way analysis of variance (ANOVA) by using the statistical program JASP 0.8.6 (2018) [14]. The results were evaluated using Duncan's multiple range test [15].

### 3. Results and discussion

#### 3.1 Egg quality parameters

It was observed that there were significant ( $P < 0.05$ ) differences among treatments with respect to egg weight (Table 2). Our findings revealed a significant improvement in egg weight and egg mass in response to dietary HS, and this is in line with previous reports that HS exerted a beneficial effect on egg weight [16-21]. Our results are not consistent with Yorük et al. (2004) [22] who indicated that the addition of HS to layer diet has no positive effect on egg weight.

Egg shape index was not affected ( $P > 0.05$ ) by addition of HS in different doses to layer hen diet and we can characterize eggs in all treatments as normal eggs. Our results are in agreement with those reported by Yorük et al. (2004) [22] and Samya (2016) [21], who found insignificant effects of HS on egg shape index.

According to this the eggs were classified with respect to shape index (SI), namely as a sharp

egg ( $SI < 72$ ), a normal (standard) egg ( $SI = 72-76$ ) or a round egg ( $SI > 76$ ) [8, 23].

#### 3.2 Eggshell quality parameters

Eggshell thickness was not improved ( $P \geq 0.05$ ) by dietary HS. Eggshell strength was not improved ( $P > 0.05$ ) by dietary treatments. Eggshell strength did not vary ( $P > 0.05$ ) among the HS groups.

Results of the present study indicated that the addition of HS to layer diet no affected eggshell weight compared to control counterparts. In this study, the supplementation of HS into diet no affected eggshell percentage compared to the HS.

This no corroborates the previous findings of Ozturk et al. (2012) [24] that supplementation of HS in laying hens improved eggshell thickness. Also, HS exerted a beneficial effect on eggshell thickness and eggshell strength [19,25,26]. Conversely, Yorük et al. (2004) [1], Macit et al. (2009) [3], Yalcin et al. (2006) [27] and Hakan et al. (2012) [28] demonstrated that HS had no influence on eggshell thickness and strength.

**Table 1.** Nutritional value of complete feed mixture

Nutrient Ingredients	Unit	Feed mixture
Wheat	%	15.00
Maize	%	32.00
Soybean meal	%	19.20
Fish meal	%	3.00
Malt flower	%	3.00
Rapeseed meal	%	7.00
Sunflower meal	%	4.50
Monocalcium phosphate	%	1.00
Fodder salt	%	0.30
Animal fat	%	4.00
Calcium carbonate	%	10.00
Premix of additives <sup>1</sup>	%	1.00
Nutrient	Unit	Feed mixture
Crude protein	g/kg	200.00
ME <sub>N</sub>	MJ/kg	11.70
Ash matter	g/kg	160.00
Fibre	g/kg	60.00
Lysine	g/kg	11.00
Methionine and cistine	g/kg	7.90
Ca	g/kg	35.00
P	g/kg	5.00
Na	g/kg	1.50

Notes: CP=crude protein; ME<sub>N</sub>=nitrogen-corrected metabolizable energy; Ca=calcium; P=phosphorus; Na=sodium; MJ=megajoule; <sup>1</sup>active substances per kilogram of premix: vitamin A 15 000 IU; vitamin E 20 mg; vitamin D<sub>3</sub> 2 000 IU; vitamin B<sub>2</sub> 6 mg; vitamin B<sub>12</sub> 20 µg; Mn 60 mg; Zn 40 mg; Fe 40 mg; Cu 6 mg; Se 0.2 mg.

**Table 2.** Effect of different HS concentrations on egg parameters

Parameter	0.00% HS	0.50% HS	0.75% HS	1.00% HS
Egg weight (g)	58.74±3.81 <sup>b</sup>	60.12±3.92 <sup>a</sup>	60.48±3.94 <sup>a</sup>	60.81±3.99 <sup>a</sup>
Egg shape index (%)	74.68±1.09	74.73±1.11	74.83±1.11	74.77±1.10
Egg volume (cm <sup>3</sup> )	52.20±3.18	52.21±3.22	52.24±3.24	52.23±3.23

Values shown are mean ± SD (standard deviation)

<sup>a,b</sup> means in a row with different superscript differ significantly (P<0.05)

**Table 3.** Effect of different HS concentrations on eggshell parameters

Parameter	0.00% HS	0.50% HS	0.75% HS	1.00% HS
Eggshell weight (g)	5.76±0.28	5.97±0.31	5.99±0.34	6.03±0.35
Eggshell percentage (%)	9.81±0.41	9.94±0.42	9.91±0.41	9.92±0.42
Eggshell strength (N.m <sup>-2</sup> )	30.76±4.97	30.97±5.02	30.86±5.05	30.74±4.99
Eggshell thickness (µm)	434.38±21.75	435.78±22.13	435.91±22.23	435.96±22.38

Values shown are mean ± SD (standard deviation)

**Table 4.** Effect of different HS concentrations on albumen parameters

Parameter	0.00% HS	0.50% HS	0.75% HS	1.00% HS
Albumen weight (g)	35.20±3.19	36.19±3.28	36.43±3.31	36.61±3.33
Albumen percentage (%)	59.92±2.67	60.20±2.78	60.23±2.81	60.21±2.77
Albumen index (%)	70.48±2.14 <sup>b</sup>	71.87±2.22 <sup>a</sup>	71.92±2.24 <sup>a</sup>	71.88±2.24 <sup>a</sup>
Haugh unit	79.56±1.99 <sup>b</sup>	81.74±2.35 <sup>a</sup>	81.96±2.41 <sup>a</sup>	81.83±2.40 <sup>a</sup>

Values shown are mean ± SD (standard deviation)

<sup>a,b</sup> means in a row with different superscript differ significantly (P<0.05)

**Table 5.** Effect of different HS concentrations on yolk parameters

Parameter	0.00% HS	0.50% HS	0.75% HS	1.00% HS
Yolk weight (g)	17.78±1.37	17.95±1.43	18.06±1.42	18.16±1.45
Yolk percentage (%)	30.27±0.78 <sup>a</sup>	29.86±0.71 <sup>b</sup>	29.86±0.73 <sup>b</sup>	29.87±0.75 <sup>b</sup>
Yolk index (%)	43.27±0.89 <sup>b</sup>	45.03±0.91 <sup>a</sup>	44.92±0.90 <sup>a</sup>	44.95±0.90 <sup>a</sup>
Yolk colour (°HLR)	9.87±0.94	9.92±0.97	9.90±0.96	9.93±0.97

Values shown are mean ± SD (standard deviation)

<sup>a,b</sup> means in a row with different superscript differ significantly (P<0.05)

### 3.3 Albumen quality parameters

The results of egg quality determination are presented in Table 3. The Haugh unit and the albumen height of the HS groups were consistently higher (P<0.05) compared to the control. Among treatments, significant variations (P<0.05) in the albumen height and albumen width were found. No statistical differences (P≥0.05) were found for the albumen weight and the albumen percentage among the treatment groups. Also, Macit et al. (2009) [3] and Arpašová et al. (2016) [20] found that HS exerted a positive effect on albumen index and HU. In contrast, some reports documented that the application of HS to the diet or water of laying hens had no effect on HU [1,2,27,29], albumen height [18,27,29] and albumen percentage [18,27].

### 3.4 Yolk quality parameters

Addition of HS in different concentrations significantly increased (P<0.05) yolk height, yolk width and yolk index.

There were no statistically significant differences (P>0.05) among the control and experimental treatment groups in terms of yolk weight and yolk color. The yolk percentage of the control group was significantly higher (P<0.05) compared to HS treatments throughout the study. The yolk weight of was no significantly affected (P≥0.05) by HS addition. The results were in contrast with those reported by Kaplan et al. (2018).

In comparison, Yalcin et al. (2006) [27] recorded that the addition of HS no effect on yolk percentage. However, Hanafy and El-Sheikh (2008) [18] found that HS caused a decrease in egg yolk percentage. In accordance with Yörük et al (2004) [22], we reported no effect of HS dietary supplementation on yolk colour.

#### 4. Conclusions

These results of this study showed that the supplementation of HS in different into layer diet can affected some parameters of eggs quality. Further studies of the basic mechanisms of HS depending on their origin, dose and method of application involved in egg quality are needed.

#### Acknowledgments

This publication was supported by the Operational Programme Integrated Infrastructure within the project: Sustainable smart farming systems taking into account the future challenges 313011W112, cofinanced by the European Regional Development Fund.

#### References

- 1.Yorük, M.A., Guul, M., Hayirli, A., Macit, M. The effects of supplementation of humate and probiotic on egg production and quality parameters during the late laying period in hens. *Poultry Science*, 83, 2004, 84-88.
- 2.Kucukersan, S., Kucukersan, K., Colpan, I. Goncuoglu, E., Reisli, Z., Yesilbag, D. The effects of humic acid on egg production and egg traits of laying hen. *Veterinari Medicina*, 50, 2005, 406-410.
- 3.Macit, M., Çelebi, Ş., Esenbuga, N., Karaca, H. Effects of dietary humate supplementation on performance, egg quality and egg yolk fatty acid composition in layers. *Journal of the Science of Food and Agriculture*, 89, 2009, 315-319.
- 4.Vlčová Z. Chemical and physical transformations of humic acids. PhD Thesis. Institute of Physical and Applied Chemistry. Brno University of Technology. Brno, Czechia; 2009
5. Gašparovič, M., Hrnčár, C., Gálik, B. The effect of feed additives in pheasants fattening: a review. *Journal of Central European Agriculture*, 18, 2017, 749-761.
- 6.Gálik, B., Hrnčár, C., Gašparovič, M., Rolinec, M., Hanušovský, O., Juráček, M., Šimko, M., Zábranský, L., Kováčik, A. The effect of humic substances on the meat quality in the fattening of farm pheasants (*Phasianus colchicus*). *Agriculture-Basel*, 13, 2023, 295.
- 7.Arif, M., Alagawany, M., Abd El-Hack, M.E., Saeed, M., Arain, M.A., Elnesr, S.S. Humic acid as a feed additive in poultry diets: a review. *Iranian Journal of Veterinary Research*, 20, 2019, 167-172.
- 8.Sarica, M., Erensayin, C. 2009. *Poultry Products*. Ankara: Bey-Ofset, pp. 89-138.
- 9.Wang, L.C., Ruan, Z.T., Wu, Z.W., Yu, Q.L., Chen, F., Zhang, X.F., Zhang, F.M., Linhardt, R.J. Liu, Z.G. Geometrical characteristics of eggs from 3 poultry species. *Poultry Science*, 100, 2021, 100965.
- 10.Alkan, S., Karabağ, K., Galiç, A., Karsli, T., Balcioglu, M.S. Effects of selection for body weight and egg production on egg quality traits in Japanese quails (*Coturnix coturnix japonica*) of different lines and relationships between these traits. *Kafkas Universitesi Veteriner Fakultesi Dergisi*, 16, 2010, 239- 244.
- 11.Haugh, R. The Haugh unit for measuring egg quality. *U.S. Egg & Poultry Magazine*, 43, 1937, 552-555, 573.
- 12.Funk, E.M. The relation of yolk index determined in natural position to the yolk index as determined after separating the yolk from the albumen. *Poultry Science*, 27, 1948, 367.
- 13.Sarlak, S., Tabeidian, S.A., Toghyani, M., Shahraki, A.D.F., Goli, M., Habibian, M. Effects of replacing inorganic with organic iron on performance, egg quality, serum and egg yolk lipids, antioxidant status, and iron accumulation in eggs of laying hens. *Biological Trace Element Research*, 199, 2021,1986-1999.
- 14.JASP 0.8.6 software 2018. Available on <https://jasp-stats.org>
- 15.Duncan, D.B. Multiple ranges and multiple F-test. *Biometric*, 11, 1955, 10-42.
- 16.Wang, Q., Yoo, J.S., Chen, Y.J., Kim, H.J., Cho, J.H., Min, B.J., Park, B.C., Kim, I.H. Effects of supplemental humic substances on egg production and quality in laying hens. *Korean Journal of Poultry Science*, 33, 2006, 317-321.
- 17.Wang, Q., Kim, H.J., Cho, J.H., Chen, Y.J., Yoo, J.S., Kim, I.H. Effects of supplemental humic substances on egg production and quality in laying hens. *Poultry Science*, 86, 2007, 519-526.
- 18.Hanafy, M.M., El-Sheikh A.M.H. The effect of dietary humic acid supplementation on some productive and physiological traits of laying hens. *Egyptian Poultry Science*, 28, 2008, 1043-1058.
- 19.Abo-Egla, El-Samra, H., Ismail, F.S.A., Abd El-Ghany, F.A., Assar, M.H. Effect of humic acid and Bio-Mos supplementation on egg production and quality parameters in local hens. *Journal of Animal and Poultry Production*, 2, 2011, 55-63.
- 20.Arpašová, H., Kačániová, M., Pistová, V., Gálik, B., Fik, M., Hleba, L. Effect of probiotics and humic acid on egg production and quality parameters of laying hens eggs. *Scientific Papers: Animal Sciences Biotechnologies*, 49, 2016, 1-9.
- 21.Samya, E.I. Effect of dietary humic acid supplementation on egg production, egg quality and fertility of turkey hens. *Journal of Animal and Poultry Production*, 7, 2016, 59-65.
- 22.Yorük, M.A., Gul, M., Hayirli, A., Macit, M. The effects of supplementation of humate and probiotic on egg production and quality parameters during the late

- laying period in hens. *Poultry Science*, 83, 2004, 84-88.
23. Duman, M., Şekeroğlu, A., Yildirim, A., Eleroğlu, H., Camci, Ö. Relation between egg shape index and egg quality characteristics. *Archiv fur Geflugelkunde*, 80, 2016, 1-9.
24. Ozturk, E., Ocak, N., Turan, A., Erener, G., Altop, A., Cankaya, S. Performance, carcass, gastrointestinal tract and meat quality traits, and selected blood parameters of broilers fed diets supplemented with humic substances. *Journal of the Science of Food and Agriculture*, 92, 2012, 59-65.
25. Dobrzański, Z., Trziszka, T., Herbut, E., Krawczyk, J., Tronina, T. Effect of humic preparations on productivity and quality traits of eggs from Greenleg Partridge hens. *Annals of Animal Science*, 9, 2009, 165-174.
26. Ergin, O., Isa, C., Nuh, O., Guray, E. Effects of dietary humic substances on egg production and egg shell quality of hens after peak laying period. *African Journal of Biotechnology*, 8, 2009, 1155-1159.
27. Yalcin, S., Ergun, A., Ozsoy, B., Yalcin, S., Erol, H., Onbasilar, I. The effects of dietary supplementation of l-carnitine and humic substances on performance, egg traits and blood parameters in laying hens. *Asian-Australasian Journal of Animal Sciences*, 19, 2006, 1478-1483.
28. Hakan, K.B., Gultekin, Y., Ozge, S. Effects of boric acid and humate supplementation on performance and egg quality parameters of laying hens. *Brazilian Journal of Poultry Science*, 14, 2012, 283-289.
29. Arafat RY, Hassan Khan S, Abbas G, et al. Effect of dietary humic acid via drinking water on the performance and egg quality of commercial layers. *American Journal of Biology and Life Sciences* 2015; 3(2): 26-30.
30. Kaplan, O., Avci, M., Denek, N., Baran, M.S., Nursoy, H., Bozkaya, F. Influence of humic acid addition to drinking water on laying performance and egg quality in Japanese quails. *Indian Journal of Animal Research*, 2018, B-874.